

St. Mary's Lunch Menu



GRANT RECIPIENT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
also offer PB&J Crustable w/string	30	31	1	2	3
cheese or Bagel w/Cream Cheese					
& String Cheese or Peanut Butter.	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
Condiments offered with lunch are					
Ketchup, Mustard, Taco Sauce and	Second Choice	Second Choice		Second Choice	Second Choice
Salad Dressings.					
	6	7	8	9	10
	Breaded Chicken Drumstick	, Mini Corndogs	•	Cheeseburger	Tomato Soup
Dairy	Sweet Potato	Smiles Potatoes	PIZZA DAY!	Tater Tots	Grill Cheese
Fruits Grains	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables
Vegetables Protein	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar
Protein	Second Choice	Second Choice		Second Choice	Second Choice
	Hotdogs	Chicken Tenders		French Toast Sticks	Bosco Stick
Choose MyPlate .gov					
	13 Breakfast Sandwich	14 Mac & Tomato Soup	14	16 Nachos	17 1/2 Day
Must have 3 of the 5 to be a	Hashbrown	Dinner Roll	PIZZA DAY!	Corn	No Lunch
Complete nutritional lunch	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	
• • • • • • • • •	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	
Water or Milk Choice of 2%					
White or Chocolate are included with Lunch	Second Choice	Second Choice Chicken Tenders		Second Choice	Second Choice
	Hot dogs	Chicken Tenders		French Toast Sticks	
LUNCH PRICES	20	21	22	23	24
Elementary \$3.20		Hot Turkey Sandwich		Chicken Patty Sandwich	Turkey & Cheese slider
Reduced \$0.50	No	Mashed Potato & Corn	PIZZA DAY!	Sweet Potato	Broccoli Salad
Additional Milk \$0.60	School	a variety of fruits and vegetables offered daily from the salad bar	a variety of fruits and vegetables offered daily from the salad bar	a variety of fruits and vegetables offered daily from the salad bar	a variety of fruits and vegetables offered daily from the salad bar
Additional Entrée \$1.00		onered daily from the salad bar	onered daily from the salad bar	offered daily from the salad bar	onered daily norm the salad bar
	Second Choice	Second Choice		Second Choice	Second Choice
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		Chicken Tenders		French Toast Sticks	Bosco Stick
	27	28	29	30	31
Free & Reduced-Meal forms	27 Pretzel Bites	20 Orange Chicken	29	SU Blueberry waffles	Mac & Cheese
can be obtained online or from both school offices at	with Cheese	Rice/Eggroll	PIZZA DAY!	Sausage	Green Beans
anytime throughout	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables
the school year.	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar
To check the balance in your	Second Choice	Second Choice		Second Choice	Second Choice
account and for additional	Hotdogs	Chicken Tenders		French Toast Sticks	Bosco Stick
information contact Amy Kaiser at					
517-784-1714 or	517-784-1714 or This institution is an equal opportunity provider.				

Email:akaiser@myjacs.org

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